

	Year 7	Year 8	Year 9	Year 10	Year 11
T1a	Transition/Health and Wellbeing What is PSHE? Anger Management/Mental Health The Consequences of not eating healthily Maintaining a Healthy Lifestyle Railway Safety Basic First Aid	Health and Wellbeing/Living in the Wider World Mental Health Tool Box Attitudes towards mental health Dealing with Setbacks Being Safe online Protecting Yourself Financially Online Options Assembly	Health and Wellbeing/Living in the Wider World Creating an Online Brand Online fraud and Scams Deep fakes First Aid RSHE The search for Love Love people, use things	Citizenship Police Powers Causes of Crime Aims of Punishments How does the criminal justice system work? Magistrates and Crown Courts	RSHE via Ten Ten Self Worth Addiction Eating Disorders External Talks from the STAR Project Plus an Intervention Assembly led by Mr Bedford
T1b	Living in the Wider World/Health and wellbeing Rights and Responsibilities Living in a Diverse Society Anti-Bullying Disabilities How to Challenge Prejudice, Stereotypes and Discrimination An introduction to radicalisation and extremism	Living in the Wider World Self Worth How to combat racism Gender Identity and Gender based discrimination How to recognise homophobic behaviour	RSHE via Ten Ten External Talks from the STAR Project In Control of My Choices Fertility and Contraception Marriage One hundred percent Knowing My Rights and Responsibilities	Living in the Wider World/RSHE via Ten Ten Career Choices Post-16 options Work Experience Ten Ten Lessons Authentic Freedom Self Image	RSHE via Ten Ten Birth Control Pornography STI's Coercive Control
T2a	Living in the Wider World How can we budget our money? Creating a personal budget plan Savings, loans and interest rates	RSHE Via Ten Ten Resources Created and Chosen Appreciating Difference Feelings Before I was born Tough Relationships	Health and Wellbeing Alcohol Vaping How do we manage anxiety? Peer Pressure Body Image Photo sharing	RSHE via Ten Ten Resources External Talks from the STAR Project Values, Attitudes and Beliefs Parenthood	Health and Wellbeing Mental Health First Aid Organ and Blood donation Miscarriage, pregnancy, adoption and fostering

	What are different financial products for? What are the different financial transactions? How can we shop ethically?			Pregnancy and Abortion Abuse Solidarity	Christians Against Poverty money management course
T2b	Citizenship Reasons for Crime Civil and Criminal Law RSHE Who am I? Changing Bodies Healthy Inside and Out Romero Day	RSHE Think Before You Share Wider World External Talks from the STAR Project World book day – benefits of reading Romero Day	Health and Wellbeing External Talks from the BUZZ Project Drugs and the law Knife Crime Gang Culture Romero Day	Living in the Wider World/Health and Wellbeing Knife Crime Gang Culture Breast Cancer awareness Testicular Cancer Romero Day	Citizenship Parliamentary democracy, role of citizens, judiciary, executive, and legislature Electoral system and forms of government in other countries Human Rights and Equalities Act Diverse nature of the UK, religious and ethnic identities How citizens can improve their communities, how public money is spent
NO PSHE THIS HALF TERM	NO PSHE THIS HALF TERM		NO PSHE THIS HALF TERM	NO PSHE THIS HALF TERM	NO PSHE THIS HALF TERM
T3b	RSHE via Ten Ten Resources External talks from the STAR Project Healthy Inside and Out Where We Come From Family and Friends My Life On Screen Living Responsibly	Health and Wellbeing Energy Drinks Tobacco and Vaping Mental Health, Healthy and Unhealthy Coping Strategies FGM Fire Safety	Citizenship Democracy General elections and political parties Voting and Citizenship Mock Elections External Talk by Caroline Nokes MP	Living in the Wider World/Health and Wellbeing Talk from the Fire Service Vaping Drugs Sharing Safely online and the impact it can have on your personal	

				and professional reputation Employment contracts, full time, part time and zero hour Online career opportunities, job applications, maximising chances of success Preparation for Work Experience, Health and Safety, Confidentiality in the Workplace and Discrimination	
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