

	Year 7	Year 8	Year 9	Year 10	Year 11
T1a	Transition/Health and Wellbeing What is PSHE? Anger Management/Mental Health The Consequences of not eating healthily Maintaining a Healthy Lifestyle Railway Safety Basic First Aid	Health and Wellbeing/Living in the Wider World Mental Health Tool Box Growth Mindset Employment, Self Employment, Volunteering Equal Opportunities in Life and Work Being Safe Online Protecting Yourself Financially Online	Health and Wellbeing How do I manage Anxiety? How do I manage Peer Pressure? Body Image Body Image – photo sharing RSHE The search for Love Love people, use things	Citizenship Police Powers Causes of Crime Aims of Punishments How does the criminal justice system work? Magistrates and Crown Courts External Talk by "Prison Me, No Way!" Gang Culture	RSHE via Ten Ten Self Worth Addiction Eating Disorders External Talks from the STAR Project Plus an Intervention Assembly led by Mr Bedford
T1b	Living in the Wider World/Health and wellbeing Rights and Responsibilities Living in a Diverse Society Anti-Bullying Disabilities How to Challenge Prejudice, Stereotypes and Discrimination An introduction to radicalisation and extremism	Living in the Wider World Managing Influences on Beliefs, Self Worth Gender Identity and Gender based discrimination How to recognise homophobic behaviour Where does Extremism come from? How can we prevent radicalisation and extremism	RSHE via Ten Ten External Talks from the STAR Project In Control of My Choices Fertility and Contraception Marriage One hundred percent Knowing My Rights and Responsibilities	Living in the Wider World Career Choices Post-16 options Work Experience Budgeting and Debt Management Virtual talk on money lending Online Gambling	RSHE via Ten Ten Birth Control Pornography STI's Coercive Control
T2a	Living in the Wider World How can we budget our money? Creating a personal budget plan Savings, loans and interest rates	Health and Wellbeing What's the big deal about energy drinks? What are drugs class A, B and C? Vaping, Nicotine and Addiction RSHE Created and Chosen	Living in the Wider World Workplace Skills Enterprising qualities and personality – work skills Employability – Applying and preparing	RSHE via Ten Ten Resources External Talks from the STAR Project Authentic Freedom Self Image Values, Attitudes and Beliefs	Health and Wellbeing Mental Health First Aid Organ and Blood donation Miscarriage, pregnancy, adoption and fostering

	What are different financial products for? What are the different financial transactions? How can we shop ethically?	Appreciating Difference Feelings	Creating an Online brand How can I avoid debt? Online Fraud and Scams	Parenthood Pregnancy and Abortion	Christians Against Poverty money management course
T2b	Citizenship Reasons for Crime Civil and Criminal Law RSHE Who am I? Changing Bodies Healthy Inside and Out Romero Day	RSHE via Ten Ten Before I was born Tough Relationships Think Before You Share Wider World External Talks from the STAR Project Romero Day	Health and Wellbeing External Talks from the BUZZ Project Drugs and the law Vaccinations, organ and blood donations Knife Crime Gang Culture Romero Day	RSHE via TenTen and Health and Wellbeing Abuse Solidarity Health and Wellbeing Social Anxiety Body Image – tattoos and piercings Testicular Cancer Romero Day	Citizenship Parliamentary democracy, role of citizens, judiciary, executive, and legislature Electoral system and forms of government in other countries Human Rights and Equalities Act Diverse nature of the UK, religious and ethnic identities How citizens can improve their communities, how public money is spent
NO PSHE THIS HALF TERM	NO PSHE THIS HALF TERM		NO PSHE THIS HALF TERM	NO PSHE THIS HALF TERM	NO PSHE THIS HALF TERM
T3b	RSHE via Ten Ten Resources External talks from the STAR Project Where We Come From Family and Friends My Life On Screen Living Responsibly	Health and Wellbeing Mental Health, depression Healthy Eating FGM Cancer Awareness Personal Safety and First Aid	Citizenship Democracy General elections and political parties Voting and Citizenship Mock Elections External Talk by Caroline Nokes MP	Living in the Wider World Sharing Safely online and the impact it can have on your personal and professional reputation The labour market, local national and international, Employment contracts,	

				full time, part time and zero hour Online career opportunities, job applications, maximising chances of success Preparation for Work Experience, Health and Safety, Confidentiality in the Workplace and Discrimination	
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