**CAREER RELATED INFORMATION ADVICE AND GUIDANCE (CEIAG)**

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| How to get individual advice in school about your future plans | You can make an appointment to see Sharron Ward by sending a message on teams, by finding her in Trinity, speaking to your tutor or teacher, asking someone in Trinity to refer you.  You might want help with some of the following for example:   * Thinking through your next steps or future career ideas * Completing job, apprenticeship or college applications * Writing personal statements * Work experience support * CV writing * Interview techniques * Finding information about particular jobs and training   Sharron is available during break or lunch time on a Tuesday, Wednesday and Thursday |
| A summary of what you can expect in years 7 – 11 |  |
| Choosing your GCSE options | <http://access-southampton.co.uk/gcse-options/> |
| Work Experience | <https://www.stgcc.co.uk/page/?title=Work+Experience&pid=317> |
| Your options when you leave school | <http://access-southampton.co.uk/leaving-school/>  <https://www.stgcc.co.uk/page/?title=Local+Colleges+%26amp%3B+Post+16+Provision&pid=318> |
| What are T levels? | <https://www.stgcc.co.uk/page/?title=Local+Colleges+%26amp%3B+Post+16+Provision&pid=318> |
| Local post 16 college information | <https://www.stgcc.co.uk/page/?title=Local+Colleges+%26amp%3B+Post+16+Provision&pid=318> |
| Questions to assist: | College open evenings and college interview questions:  <https://www.stgcc.co.uk/page/?title=Questions+to+Help+Prepare+for+College%2C+Sixth%2Dform+or+Work&pid=322> |
| How to find an apprenticeship | <https://www.stgcc.co.uk/page/?title=Apprenticeships+and+%27T%27+Levels&pid=320> |
| Job searching | <https://www.stgcc.co.uk/page/?title=Labour+Market+Information&pid=321>  <https://www.stgcc.co.uk/page/?title=Questions+to+Help+Prepare+for+College%2C+Sixth%2Dform+or+Work&pid=322>  <https://www.stgcc.co.uk/page/?title=Volunteering+and+Gap%2Dyear+Activities&pid=325> |
| Writing CVs | <https://www.stgcc.co.uk/page/?title=CV+%28Curriculum+Vitae%29&pid=316> |
| Writing a personal statement | <https://www.stgcc.co.uk/page/?title=Personal+Statement+Guidance&pid=319> |
| Volunteering and gap year activities | <https://www.stgcc.co.uk/page/?title=Volunteering+and+Gap%2Dyear+Activities&pid=325> |
| Exploring career ideas | Assessments & quizzes to help you match skills and qualities with job ideas:  <https://www.stgcc.co.uk/page/?title=Explore+Career+Ideas&pid=326>  Years 7 – 11 STEPS to career student booklets  <https://www.stgcc.co.uk/page/?title=STEPS+Career+Programme+%28Years+7%2D11%29&pid=327> |
| What are my options when I am 18? | <https://www.stgcc.co.uk/page/?title=Local+Colleges+%26amp%3B+Post+16+Provision&pid=318>  <http://access-southampton.co.uk/finishing-compulsory-education/>  [www.notgoingtouni.co.uk](http://www.notgoingtouni.co.uk) |
| University | <https://www.stgcc.co.uk/page/?title=Local+Colleges+%26amp%3B+Post+16+Provision&pid=318>  Search and apply to university  [www.ucas.com](http://www.ucas.com)  Make the right choice  <https://www.prospects.ac.uk>  Information and advice on applying to Russell Group universities  [www.russellgroup.ac.uk/for-students](http://www.russellgroup.ac.uk/for-students)  Search and compare university course statistical information and student feedback  [www.discoveruni.gov.uk](http://www.discoveruni.gov.uk)  University Open Day dates  [www.opendays.com](http://www.opendays.com)  A level choices and what they could lead to:  <https://www.theuniguide.co.uk/a-level-explorer?utm_source=aleveltool_email&utm_medium=email&utm_campaign=intro> |
| Labour Market Information (LMI) | <https://www.stgcc.co.uk/page/?title=Labour+Market+Information&pid=321>  What’s happening in the job market – where are the jobs?  <http://www.lmiforall.org.uk/explore_lmi/>  <https://hants.emsicc.com/assessment?radius=&region=Hampshire%2C%20Portsmouth%20and%20Southampton> |
| Career descriptions and information | The National Careers Service website  <https://nationalcareers.service.gov.uk>  Career Coach Job information/descriptions in broad job categories  <https://hants.emsicc.com/browse-careers?region=Hampshire,%20Portsmouth%20and%20Southampton&radius=>  Careers in Creative Industries  <https://discovercreative.careers/#/> |
| A more detailed guide to our Careers programme |  |
| Our Provider Access Policy and CIAG Policy |  |